

# EAST BARNBY OUTDOOR EDUCATION CENTRE

## EQUIPMENT LIST

1 set casual clothes and footwear to wear evenings around Centre  
5 (minimum) old woollen/fleece sweaters (bring extra in winter)  
5 (minimum) sweatshirts/shirts  
5 (minimum) T-shirts  
5 (minimum) pairs old trousers (denims are not really suitable)  
1 pair trainers  
5 (minimum) thick pairs of socks  
Hat and gloves (sun hat/sun cream/sun glasses/insect repellent in summer)  
Lip salve  
2 Towels  
Underwear  
Nightwear  
Toiletries in a suitable bag  
Swimwear (for wearing under wet suits)  
Small amount of cash for Tuck Shop (Bears £2.00, Caps £4.00 approx.)  
Old newspapers to dry out boots  
Plastic Bag (for wet clothing)  
Torch  
Lunch box  
Drinks Bottle or Flask (clearly labelled with your name)

## OTHER USEFUL ITEMS

Writing materials  
Book to read / a small quiet game  
A small back pack to hold your lunch.  
Cameras may be taken at your own risk

## WHAT NOT TO BRING

We recommend that the following items are not appropriate at East Barnby:  
Radios, Mobile phones, Jewellery, Game Boys and similar computer games  
Extra food or sweets (Meal time food is sufficient and there is a tuck shop.)

## Please label all clothes and equipment

### East Barnby Centre does provide:

Walking boots /wellies, waterproof tops and trousers, and small rucksacks. Please don't buy new ones especially, but bring your own if you have them as they will probably be more comfortable