

Rock Climbing

Things you may have learned today

Where did I go?

Slipstones

Brimham Rocks

Eavestones

Traverse Gritstone Squeeze Wriggle Crimp Karabiner

Knots Sandstone Overcoming fears Bouldering

Foothold Helmet Chimneying Smear Face a fear

Smartie Tube Positive Hand Jam Back and footing

Safety Rock shoes Teamwork Ropes

Belay Communicating Spotting Friction

Cheese Press Handhold Facing a challenge

Edging Grip Decision Making

Rock Formations Erosion Buckle Listening Layback

Harness Weather Weaselling Dancing Bear

Key Words