

Rock Scrambling

Things you may have learned today

Where did I go?

Brimham Rocks

Eavestones

Gritstone Squeeze Wriggle Hand Jam
Overcoming fears Sandstone Weathering Bouldering
Foothold Helmet Chimneying Face a fear
Smartie Tube Positive attitude Teamwork
Safety Rock shoes Communication
Cheese Press Spotting Friction
Route Finding Facing a challenge
Druids Idol Grip Decision Making
Listening Erosion Traverse
Rock Formations Weather Weaselling Dancing Bear

Key Words